

PM

Handwriting

NSW Foundation Style

1



Deborah
Davis

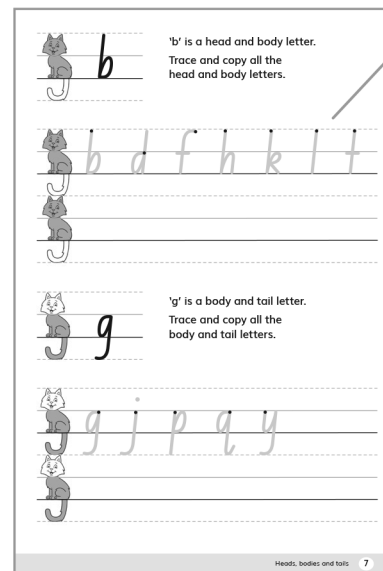
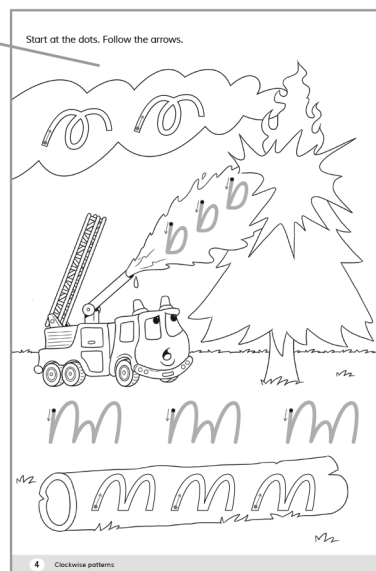


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PM Handwriting 1 learning features

Full-page patterning exercises, grouped by movement, to practise directional flow related to letter formation and to develop fine motor skills



Grouping of letters by properties (head, body and tail concept)

Large models of the lower-case and capital letter with starting dots and directional arrows

One double-page spread for each letter; letters grouped by movement

Illustration phonetically related to the letter

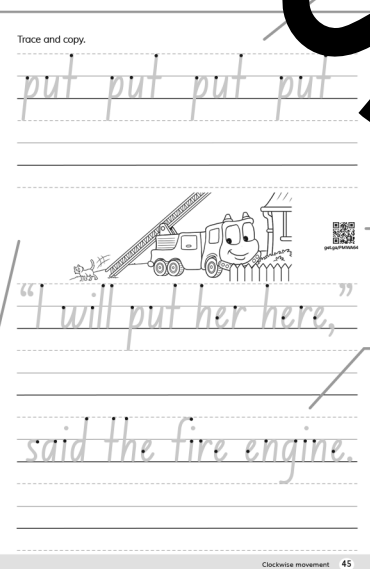
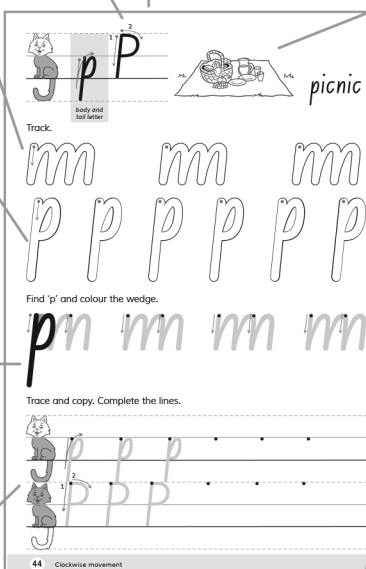
PM high-frequency and common interest words to trace and copy

Pattern clusters for tracking, with starting dots and arrows

Lower-case letters with starting dots and arrows for tracking

Patterns to find the letter and colour the wedge

Lower-case and capital letters to trace and copy



Illustrations to support students to read and understand the sentences

Sentence incorporating a PM high-frequency or common interest word to trace and copy; sentences build a progressive story within each letter group

Are you ready to write?

Posture

Is your back resting against the chair?

Are your feet flat on the floor?



Paper position



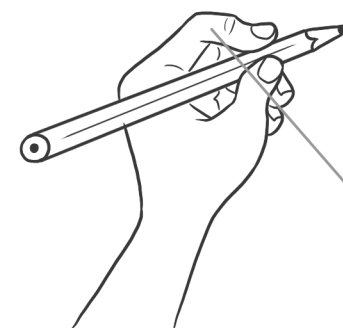
left-handed

Are you holding the paper steady with your non-writing hand?



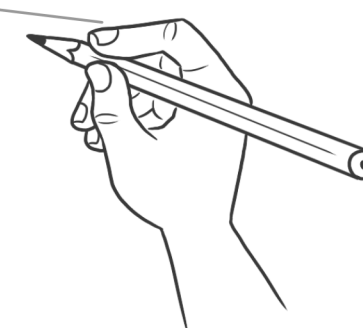
right-handed

Pencil grip



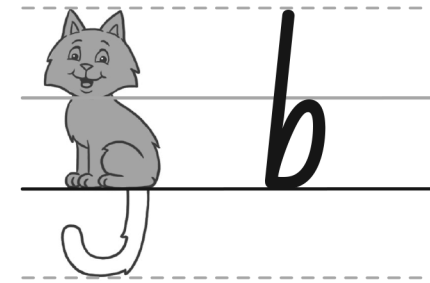
Is one finger on top of the pencil?

Left-handers, hold your pencil a little further up so you can see your handwriting!



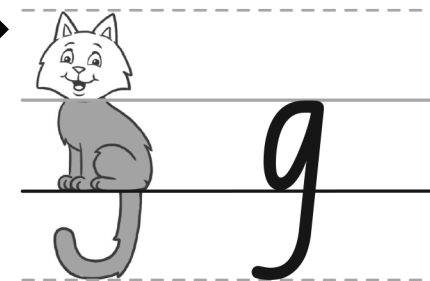
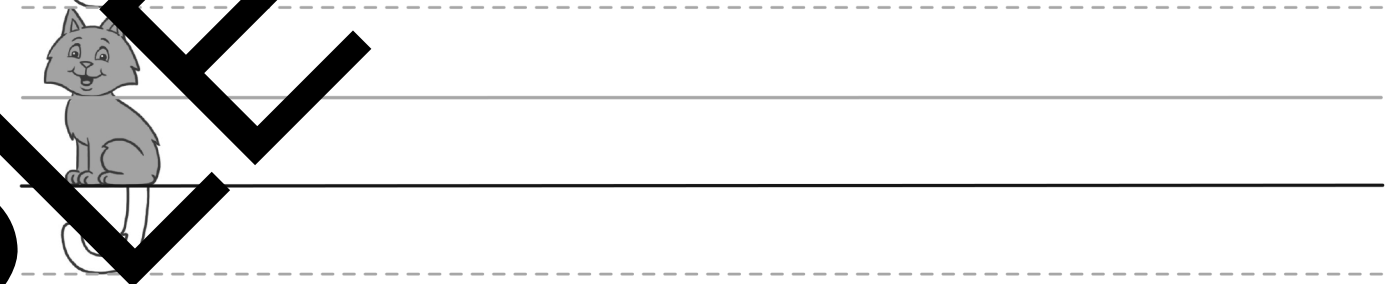
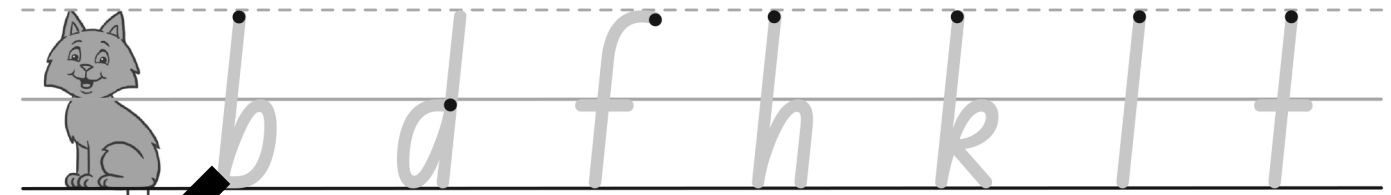
1, 2, 3, 4! Are my feet flat on the floor?
5, 6, 7, 8! Is my back up nice and straight?
9, 10, 11, 12! Show me how your pencil's held!
Thumb and pointer side-by-side, lucky tall one takes a ride!

Start at the dots. Follow the arrows.



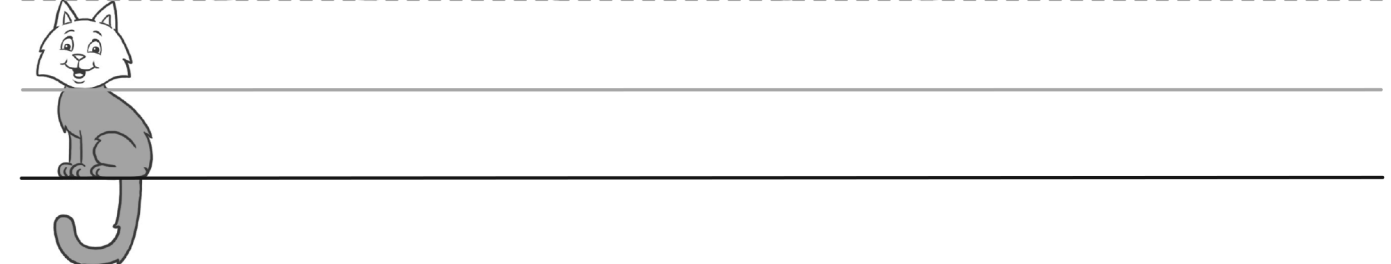
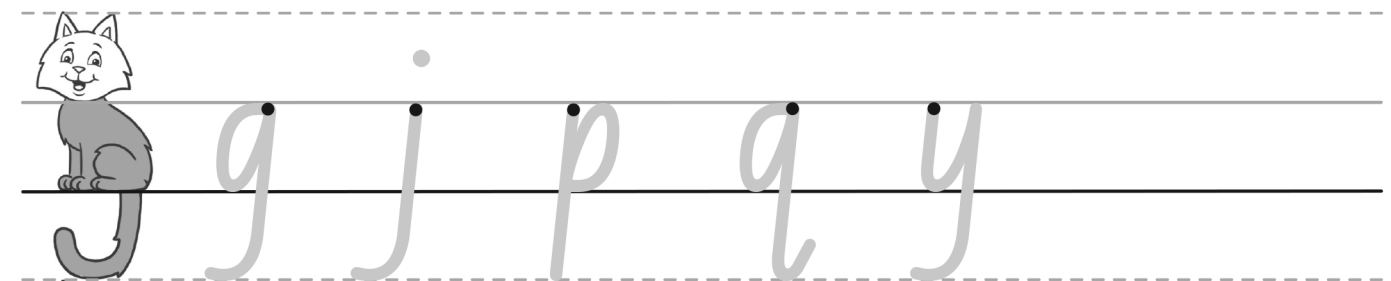
'b' is a head and body letter.

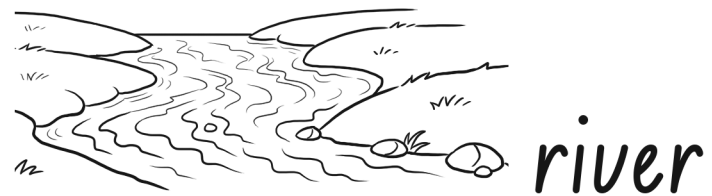
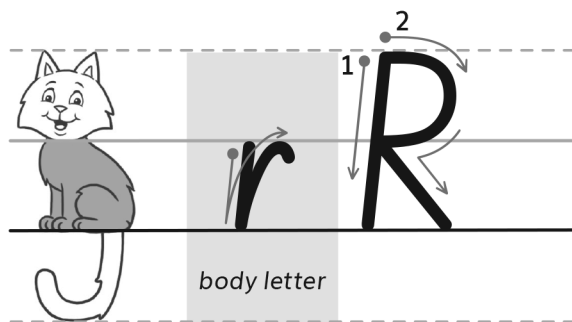
Trace and copy all the head and body letters.



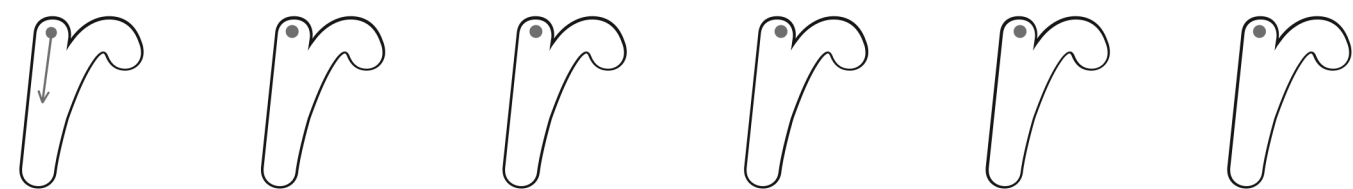
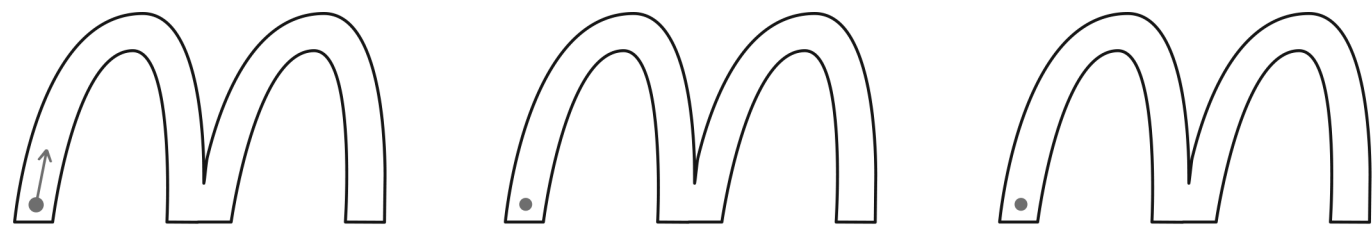
'g' is a body and tail letter.

Trace and copy all the body and tail letters.

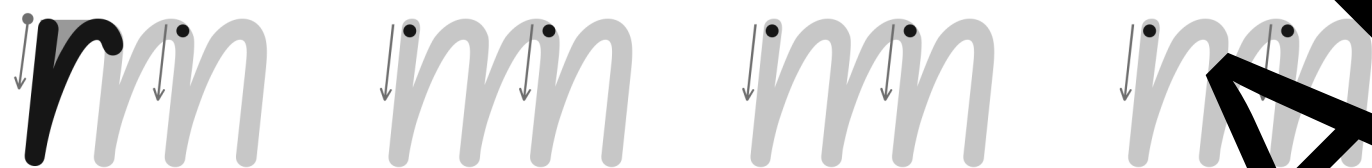




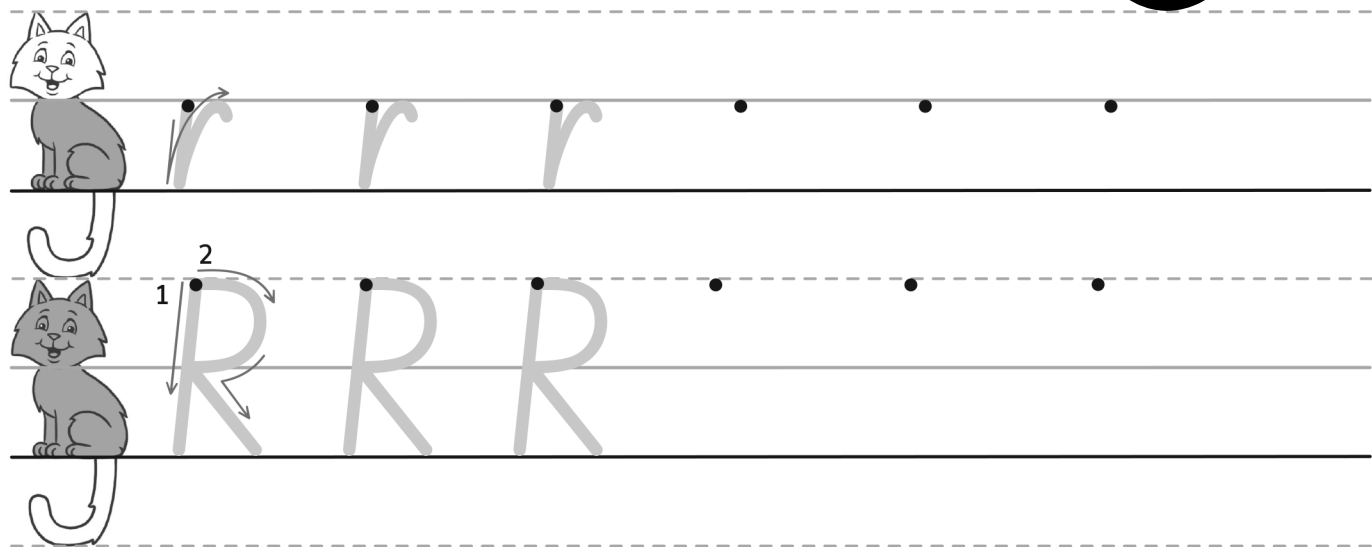
Track.



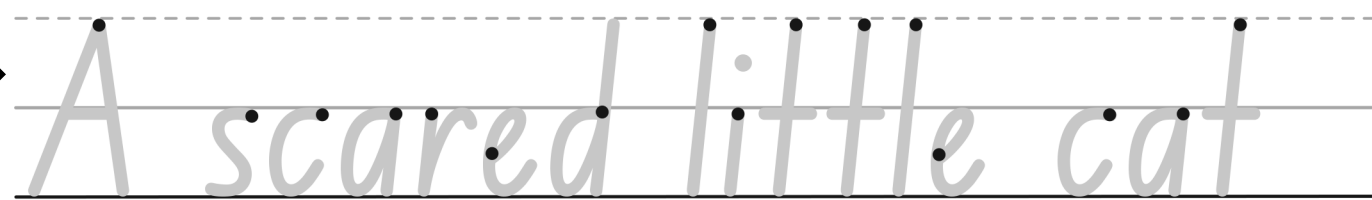
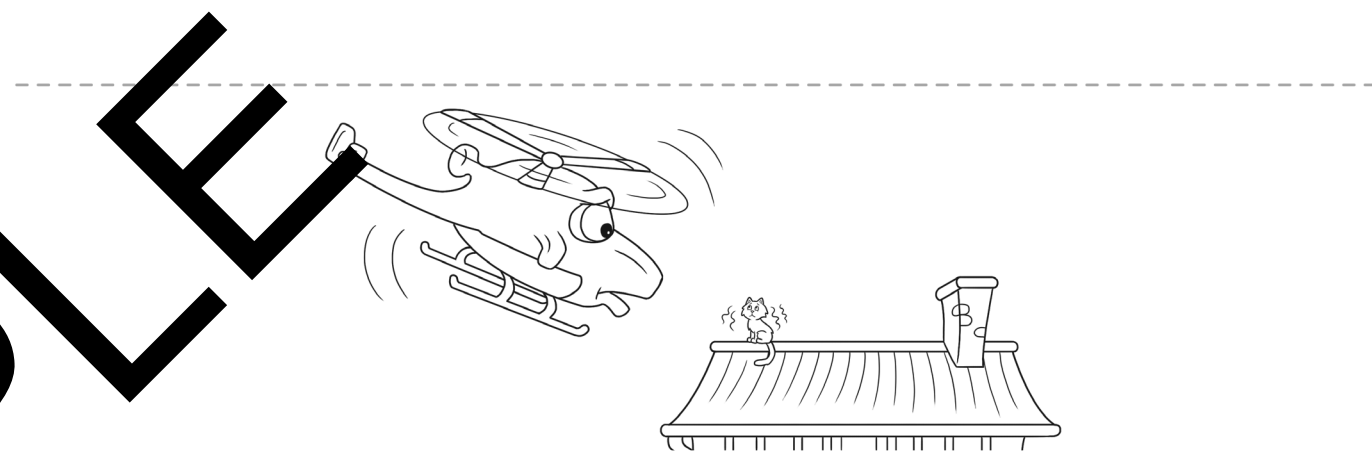
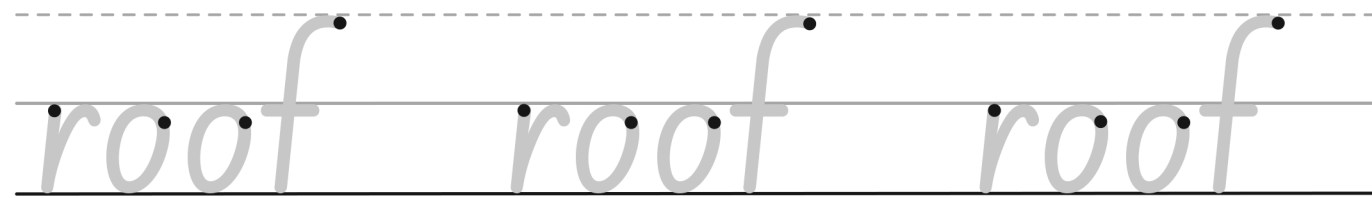
Find 'r' and colour the wedge.



Trace and copy. Complete the lines.



Trace and copy.



PM Handwriting is a carefully sequenced program of handwriting instruction for Kindergarten to Year 6. It is designed to support students in developing a fluent, legible and automatic handwriting style.



A comprehensive handwriting program for New South Wales:

K	1	2	3	4	5	6
PM Handwriting NSW Foundation Style K	PM Handwriting NSW Foundation Style Year 1	PM Handwriting NSW Foundation Style Year 2	PM Handwriting NSW Foundation Style Year 3	PM Handwriting NSW Foundation Style Year 4	PM Handwriting NSW Foundation Style Year 5	PM Handwriting NSW Foundation Style Year 6
9780170416887	9780170416894	9780170416900	9780170416917	9780170416924	9780170416931	9780170416948